

SUPPORT GROUPS

BUILDINGHOPE SUMMIT COUNTY

Building Hope Summit County is a community-wide initiative designed to create a more coordinated, effective and responsive mental health system that promotes emotional health, reduces stigma, and improves access to care and support to everyone for Summit County.

An important piece of our work is connecting people to peer support groups for recovery, grief, traumatic brain injuries(TBI), mental health and Spanish-language programs in Summit County. Check the comprehensive listings on the following pages to find support groups that may fit your need.

For more information about Building Hope or to learn how to get involved, email Betsy Casey at b.casey@summitfirc.org.



HOSTED BY	TYPE OF GROUP	DATE & TIME	LOCATION
ALCOHOLICS ANONYMOUS MEETINGS			
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	<p>MONDAYS: 7:00 PM (OPEN/DISCUSSION GROUP)</p> <p>TUESDAYS: 7:00 PM (CLOSED/BIG BOOK STUDY)</p> <p>WEDNESDAYS: 7:00 PM (CLOSED/STEP STUDY)</p>	FATHER DYER CHURCH 310 Wellington St. Breckenridge
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	<p>FRIDAYS: 8:00 PM (OPEN/SPEAKER GROUP)</p> <p>SATURDAYS: 9:00 AM (WOMEN'S 12- STEP GROUP)</p> <p>SUNDAYS: 7:30 PM (OPEN/DISCUSSION GROUP)</p>	ST JOHN'S EPISCOPAL CHURCH 100 French St. ,Breckenridge
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	<p>MONDAYS: 12:00 PM (OPEN/DISCUSSION GROUP)</p> <p>MONDAYS: 6:30 PM (OPEN/DISCUSSION GROUP)</p> <p>TUESDAYS: 12:00 PM (OPEN/DISCUSSION GROUP)</p> <p>WEDNESDAYS: 6:45 AM (OPEN/DISCUSSION GROUP)</p> <p>WEDNESDAYS: 12:00 PM (OPEN/DISCUSSION GROUP)</p> <p>THURSDAYS: 12:00 PM (OPEN/BIG BOOK GROUP)</p> <p>FRIDAYS: 7:00 AM (OPEN/DISCUSSION GROUP)</p> <p>FRIDAYS: 12:00 PM (OPEN/DISCUSSION GROUP)</p> <p>SATURDAYS: 8 AM (SUNRISE/OPEN GROUP)</p>	LORD OF THE MOUNTAINS CHURCH 56 US 6, Dillon (at US HWY 6 x Evergreen)
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	THURSDAYS: 6:30 PM (OPEN GROUP)	DILLON COMMUNITYCHURCH 371 La Bonte, Dillon
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	TUESDAYS: 6:30 PM (OPEN GROUP)	SUMMIT COMMONS MT. ROYAL ROOM 37 Peak One Blvd, Frisco
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	SATURDAYS: 6:30 PM (OPEN GROUP)	SUMMIT SENIOR CENTER 83 Nancy's Place, Frisco,



HOSTED BY	TYPE OF GROUP	DATE & TIME	LOCATION
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	WEDNESDAYS: 6:15 PM (OPEN GROUP)	SOUTH PARK COMMUNITY CHURCH RECTORY: 600 Hathaway Street, Fairplay (The Rectory is the brown building across the street from Church)
NARCOTICS ANONYMOUS MEETINGS			
NARCOTICS ANONYMOUS	12-STEP RECOVERY SUPPORT	WEDNESDAYS: 6:30 PM (OPEN GROUP)	FATHER DYER CHURCH 310 Wellington St. BRECKENRIDGE
NARCOTIC ANONYMOUS	12-STEP RECOVERY SUPPORT	MONDAYS: 6:30 PM (OPEN GROUP) FRIDAYS: 6:30 PM (OPEN GROUP)	AGAPE OUTPOST: 1504 HWY 9 Between Frisco & Breckenridge
CELEBRATE RECOVERY			
CELEBRATE RECOVERY	CHRIST-CENTERED RECOVERY	WEDNESDAYS 6:00 - 9:00 PM (FREE MEAL 6 - 7:00 PM, MEETING @ 7:00 PM)	AGAPE OUTPOST: 1504 HWY 9 Between Frisco & Breckenridge
CELEBRATE RECOVERY	CHRIST-CENTERED RECOVERY	TUESDAYS: 11:00 - 12:00 PM	SUMMIT CHURCH, 135 Main Street, Suite B300, Dillon
AL-ANON/ALATEEN/ACOA			
AL-ANON	12-STEP RECOVERY FOR FRIENDS & FAMILY	TUESDAYS: 7:00 PM	LORD OF THE MOUNTAINS CHURCH (56 US-6, Dillon) at US Highway 6 and Evergreen Rd
AL-ANON	12-STEP RECOVERY FOR FRIENDS & FAMILY	THURSDAYS: 7:00 PM	ST JOHN'S EPISCOPAL CHURCH 100 French Street, Breckenridge (Enter in back)
AL-ANON	12-STEP RECOVERY FOR FRIENDS & FAMILY	FRIDAYS: 12:00 PM	SUMMIT COUNTY CHURCH OF CHRIST (1002 S 7th Ave, Frisco 7th Avenue at the Recreation Path
ALATEEN	12-STEP RECOVERY FOR TEENS	THURSDAYS: 7:00 PM	ST JOHN'S EPISCOPAL CHURCH 100 French Street, Breckenridge (Enter in back)

AL-ANON/ALATEEN/ACOA

ADULT CHILDREN of
ALCOHOLICS/ DYSFUNCTION
(ACOA)

12-STEP RECOVERY FOR
ADULT CHILDREN OF
ALCOHOLICS

MONDAYS: 6:45 AM

ST JOHN'S EPISCOPAL CHURCH
100 French Street, Breckenridge
Enter in the back)

SPANISH LANGUAGE SUPPORT GROUPS

FAMILY INTERCULTURAL
RESOURCE CENTER

MAMACITAS:
SPANISH-SPEAKING SUPPORT
GROUP FOR MOMS

LAST TUESDAY OF EVERY MONTH
Currently scheduled from 5:30-7:30 PM for
JANUARY 24, FEBRUARY 28, APRIL 25

FIRC BUILDING in SILVERTHORNE
251 W. 4th Street, Silverthorne
CONTACT: Nubia Sanchez
970/389-9786

FAMILY INTERCULTURAL
RESOURCE CENTER

SPANISH-SPEAKING SUPPORT
GROUP FOR ADOLESCENTS
IN CRISIS

FEB 7, MARCH 7, APRIL 4, MAY 2, and JUNE 6.
DINNER: 5:30// CLASS: 6:00 – 7:15

FIRC BUILDING in SILVERTHORNE
251 W. 4th Street, Silverthorne,

PEER & FAMILY SUPPORT GROUPS

NATIONAL ALLIANCE ON
MENTAL ILLNESS (NAMI)

MENTAL HEALTH FAMILY
SUPPORT

3RD TUESDAY OF THE MONTH: 6:30-7:45 PM

DILLON COMMUNITY CHURCH
371 La Bonte, Dillon

NATIONAL ALLIANCE ON
MENTAL ILLNESS (NAMI)

CONNECTIONS SUPPORT
GROUP (MENTAL HEALTH
FAMILY SUPPORT)

3RD TUESDAY OF THE MONTH: 6:30-7:45pm

DILLON COMMUNITY CHURCH
371 La Bonte, Dillon

TBI/BRAIN INJURY SUPPORT GROUPS

BRAIN INJURY ASSOCIATION
OF AMERICA

SUMMIT COUNTY BRAIN
INJURY SUPPORT GROUP
TBI SUPPORT GROUP

2ND MONDAY OF THE MONTH: 7- 8:00 PM

THE CHURCH at AGAPE OUTPOST
15404 Hwy 9, Breckenridge
(Between Frisco and Breck)

GRIEF SUPPORT GROUPS

BRISTLECONE

GRIEF SUPPORT GROUP

LAST MONDAY OF THE MONTH 7- 8:30 PM

ST. ANTHONY'S MEDICAL CENTER
340 PEAK ONE DR. FRISCO
(Second floor board room)